

Young Carers Retreat

Do you help care for someone at home?
Would you like to have some time out?

Just Be yourself, hang out with other young people
Lots of fun activities, Relaxation, Movies, great food



Where - Cedar Creek Falls Retreat

When - APRIL 10th 11th 12th 2017

**Come along and have lots fun
with other young people**

Be Inspired

Be entertained

Be Free

Learn new Stuff

Your time to relax or do as much

As you want ~ WiFi ~ Quiet time

13-15yo, or 16-19 year groups

THE CARERS FOUNDATION 07 3289 4552 Email info@thecarersfoundation.org

www.facebook.com/thecarersfoundation www.thecarersfoundation.org

Wellness workshops, natural therapies, and professional youth counselling available



**Music
around the
Camp FIRE**

**Swim in the
Waterfall**

Arts Crafts

**Music
Be with other
young people**

