



carers[®]

FOUNDATION

we care for carers

**NATIONAL
CARERS
WEEK
2017
15-21 OCTOBER**

Family Carers are invited to

“Carers Pamper Day”

Hosted by

The Carers Foundation Australia

Please join us to celebrate Carers Week 2017

When: Sunday the 15th of October

10am-3pm

Where: Cedar Creek Carers Centre

973 Cedar Creek Road, Cedar Creek (via Samford, Nth Brisbane)

- * **Connect with other Carers**
- * **Be inspired by guest speakers**
- * **Experience relaxation techniques**
- * **Increase wellbeing and resilience**
- * **Access support & information**
- * **Find out about Carers Retreats**

To Book

Phone 07 32894552

Or email:

info@thecarersfoundation.org

www.thecarersfoundation.org

www.facebook.com/thecarersfoundation

